



Welcome Home

We are sure you will be happy with your AFB accommodation. Not least because Kraftringen is the energy supplier for all AFB accommodation. In our work to provide you with heating, warm water and electricity we also endeavor to safeguard the environment for future generations.

In contrast to those living in student dorms, those living in student apartments should select an energy subscription. If you do not do this, you will still have electricity, but it will cost you more. Regardless of the energy subscription you select, Kraftringen will always supply you with renewable electricity produced by water, sun, wind and biofuels.

At <u>www.kraftringen.se/student</u> you can sign up for our student subscription. You can also contact us via the chat on our website or call us on +46 (0)20-32 61 00.

Save some energy and keep costs down

By only using as much electricity as you need, you help AFB and us in our efforts to ensure a more sustainable environment. Below you will find some advice to help you along the way:

- Did you know it only costs you around SEK 20 per year to charge your phone? But this
 cost will increase if you keep the charger plugged into the socket when you are not using
 it
- AFB has ensured that the thermostatic radiator valve will automatically monitor and adjust
 the temperature of your accommodation; it is important that you do not position furniture
 or have curtains hanging in front of the radiator, as this may prevent the circulation of air.
- To ensure as much fresh air as possible in your accommodation, it is important that you
 do not cover the air vents. They have been adjusted to provide the correct airflow in your
 accommodation.
- Another way to save energy is to avoid having your devices in standby mode when you
 are not using them. Devices in standby mode consume as much as 10% of the energy
 you use.
- Ensure you have a full load for both the dishwasher and washing machine before using them. When drying laundry, it is better to let it dry naturally than to use a tumble dryer.
- Thaw frozen food in the refrigerator; both the refrigerator and microwave will save energy if you do this.
- Using an electric kettle to boil water and a saucepan lid while cooking will reduce your electricity consumption by about 30%.